



Red Flags for Referral to OT

Fine Motor Skills

- ▣ observed problems with coordination
- ▣ difficulty with finger isolation during play
- ▣ persistent immature grasp patterns
- ▣ frustration at inability to complete tasks
- ▣ lack of musculature in hands – flat hands
- ▣ obvious deformity
- ▣ persistent difficulty using tools

Gross Motor Skills

- ▣ observed problems with coordination inc. frequent falls or difficulty moving from one position to another
- ▣ difficulty maintaining positions during play
- ▣ difficulty sequencing movements for kicking, jumping, climbing

Posture and tone

- ▣ inability to remain sitting still on mat or in chair – constant movement/wriggling affecting performance
- ▣ falling out of chair, bumping children next to them
- ▣ frequently slumped, lying on table or floor, rapid fatigue

Sensory processing

- ↳ clear avoidance of certain play situations or experiences
- ↳ seeking out particular play situations or experiences at the expense of other opportunities
- ↳ rapid onset of fatigue, distress, agitation
- ↳ sensitivity to certain stimuli
- ↳ lack of response to certain stimuli
- ↳ difficulty with particular visual tasks e.g. finding certain items amongst others

Thinking Skills

- ↳ difficulty with attention/concentration – can't stay still or can't stop a task
- ↳ self regulation issues – being able to wait, listen, take turns, control impulses
- ↳ following instructions